

BRIEF 12

HOMES FOR HEALTH RECOVERY Hogar Si + FMAAS

Spain, nationwide

NSPIRING PRACTICE



ID CARD







Spain

PROJECT TITLE.

Homes for Health Recovery - A Socio-Health Solution for Homelessness

MAIN OBJECTIVE.

Ensure the right to health for homeless individuals by providing a structured socio-health programme that facilitates recovery, social reintegration, and access to healthcare.

TARGET AUDIENCE.

Homeless individuals over 18 years old who need non-hospital medical care, including those recovering from illness, managing chronic conditions, or requiring palliative care.

IN NUMBERS.

1000+

people supported since launch (approx. 170 per year).

€34,485

saved per person per year by reducing hospital stays.

1/3

of participants transition to standard housing.

SUMMARY.

Homes for Health Recovery is innovative socio-health programme designed to bridge the gap between homelessness and healthcare. It provides temporary housing with 24/7 professional support, enabling health recovery, social reintegration, and effective access to rights. The programme works across Madrid. Murcia. and Andalusia. collaboration with hospitals and social services, ensuring a cost-effective solution that enhances the well-being and stability of homeless individuals.

CONTACT.



Gema Castilla

Director of the Office for Advocacy and Transformation, HOGAR SI gema.castilla@hogarsi.org



https://www.hogarsi.org/derech o-salud/



HOGAR SÍ y FMAAS

Website: https://www.hogarsi.org
hola@hogarsi.org

Project description

A Holistic Approach to Health and Social Recovery

Homes for health recovery go beyond simply providing housing – they integrate healthcare with stable accommodation to support the full spectrum of well-being for homeless individuals. With 24/7 professional support, participants receive medical attention while working towards social reintegration. This integrated approach helps manage chronic conditions, improves medication adherence, and promotes a more sustainable lifestyle. It also reduces reliance on emergency services, offering recovery in a dignified, community-based setting.

Cost-Effective and Efficient Collaboration

Strategic partnerships with public administrations have secured sustainable funding in Madrid (70 places), with expansion towards Murcia (18) and Andalusia (13). By shifting care from emergency to community-based support, the programme eases pressure on the healthcare system and ensures efficient resource use. It reduces hospitalisation and generates savings of €34,485 per person annually – proving the value of investing in integrated care for homeless individuals.

Dignity at the End of Life

The programme also provides palliative care for homeless people with terminal illnesses. It ensures a dignified environment, symptom management and emotional support from nurses, social workers and psychologists. This care allows individuals to spend their final days with dignity while reducing hospitalisation, highlighting housing's essential role in safeguarding health, even at life's end.

TIMELINE

2015

The programme became part of the Community of Madrid's portfolio of services.

2016 and 2018

The programme was launched in Murcia and Andalusia, respectively.

2025

Madrid added 10 places in autonomous housing for individuals with greater independence and lower support needs, increasing the total capacity to 70 places.

Inspiration note

Addressing Health in All Its Dimensions

The Homes for Health Recovery programme takes a comprehensive approach to health that aligns with the World Health Organisation's (WHO) three dimensions of well-being—physical, mental, and social. It goes beyond just medical care, recognising the complex realities of homelessness where poor health is both a cause and consequence. The programme provides not only essential healthcare but also psychosocial support, access to stable housing, and a pathway to social reintegration. By addressing the interconnectedness of health and housing, it enables participants to achieve lasting recovery and a significant improvement in their overall quality of life.

Investing in Prevention to Reduce Future Costs

This programme demonstrates the long-term financial benefits of investing in prevention. By prioritising comprehensive support at the earliest stages, it reduces the need for costly crisis interventions later on. The shift from reactive to proactive care not only leads to better outcomes for participants but also alleviates the strain on public services, particularly healthcare and emergency services. Through strategic investment in social-health policies, Homes for Health Recovery offers a sustainable, cost-effective model that reduces the future financial burden of untreated homelessness and chronic health issues.

Strengthening Access to Public Health Services

One of the key successes of the programme is its ability to bridge the gap between homelessness and mainstream healthcare. The programme supports every participant in securing essential health documentation, gaining access to medical professionals, and seamlessly integrating into the national healthcare system. This ensures continuity of care and a smoother transition from emergency-based healthcare to long-term, community-based support. By fostering these connections, the programme reduces long-term exclusion from health services, enabling participants to achieve lasting stability, better health outcomes, and inclusion in society.



Silvia Busi EPOCH Practice officer, FEANTSA, Italy

The Homes for Health Recovery Programme is a unique initiative fostering true collaboration between health and social sectors. It demonstrates significant cost savings and reduced emergency use by shifting care from crisis to personalised and human support.

The programme improves lives, eases pressure on services, and offers a replicable, sustainable model for continued impact across diverse contexts.