



The role of training for professional intervention development

The experience of the Portuguese National Homelessness Strategy

Vargas-Moniz, M. J., Rodrigues, S., Domingos, M. J., Oliveira, A. & Joaquim, H.

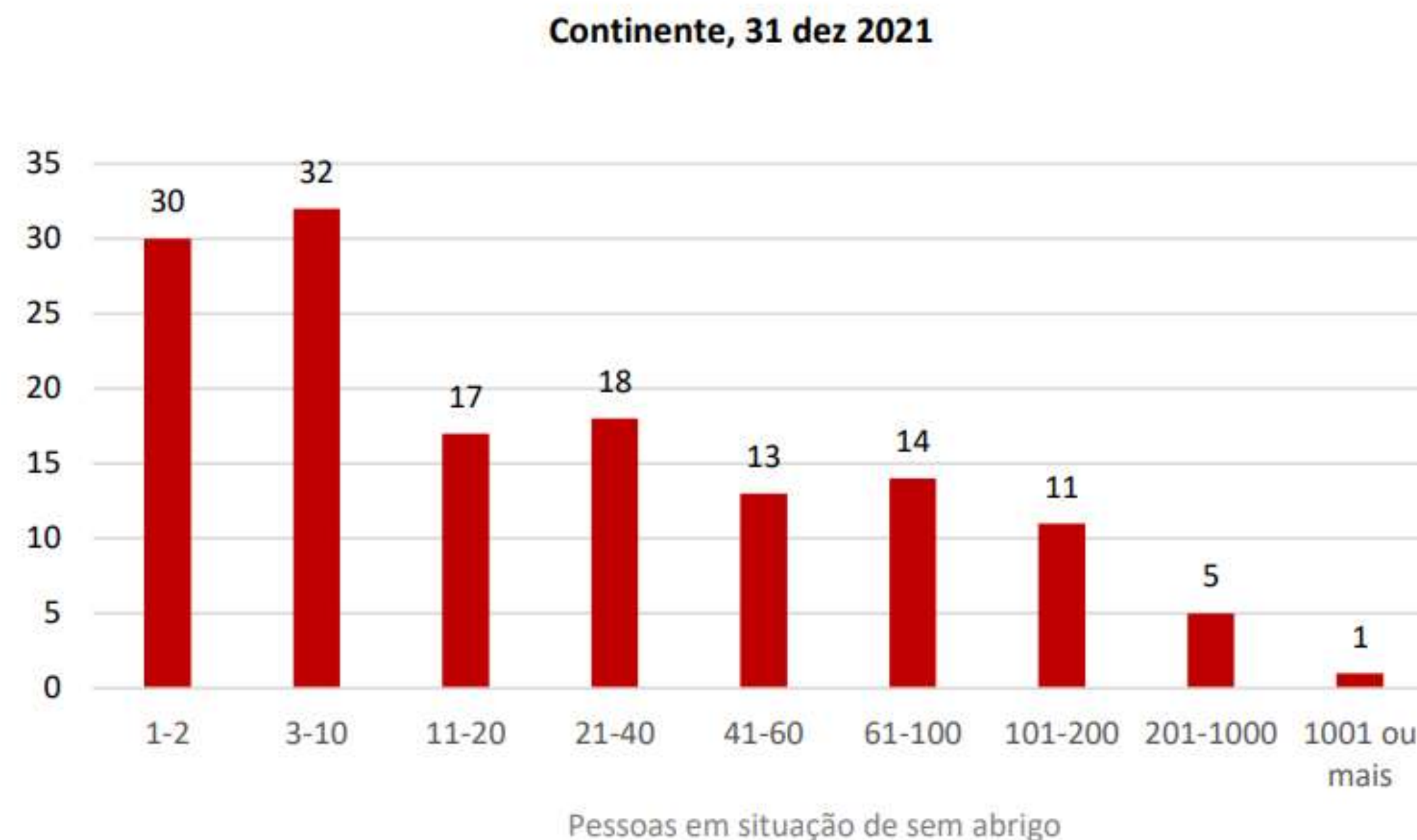
Bergamo, September 23rd 2022



HOMELESSNESS IN PORTUGAL IN BRIEF

- 31 Dec. 2021 - 9 604 were reported homeless in PORTUGAL
- 0.97 ‰
- 277 Participations of CLAS ou NPISA of 278 mainland counties (99,6%).
- Autonomous Regions – Require further attention

Gráfico 1. Número de concelhos (com PSSA>0) por número de pessoas em situação de sem-abrigo



Nota: 136 concelhos não registaram qualquer pessoa na situação de sem-abrigo

Fonte: ENIPSSA – Grupo de Trabalho para a Monitorização e Avaliação, Inquérito de caracterização das pessoas em situação de sem-abrigo, 31 dez 2021

HOMELESSNESS IN PORTUGAL IN BRIEF

- (68%) are men – transversal to all regions
- 1/3 from 45 to 64 anos (37%).
- **Under 18 anos (22%)**
- Civil status of almost $\frac{1}{4}$ of those in homelessness situations is unknown
- **61% are single**
- 23% married/ couples
- **90% are Portuguese**

NEW PROJECTS: STATE SUPPORTED

- NPISAS 2017/2022 - 20 NPISAS em 2019/ 34 em 2022
 - Housing First 11 + 8 = 19 Protocols Ñ=600 people
- Shared Housing 25 + 24 = 49
- 68 protocols for teams
- Regional Efforts - 33 projects for local teams



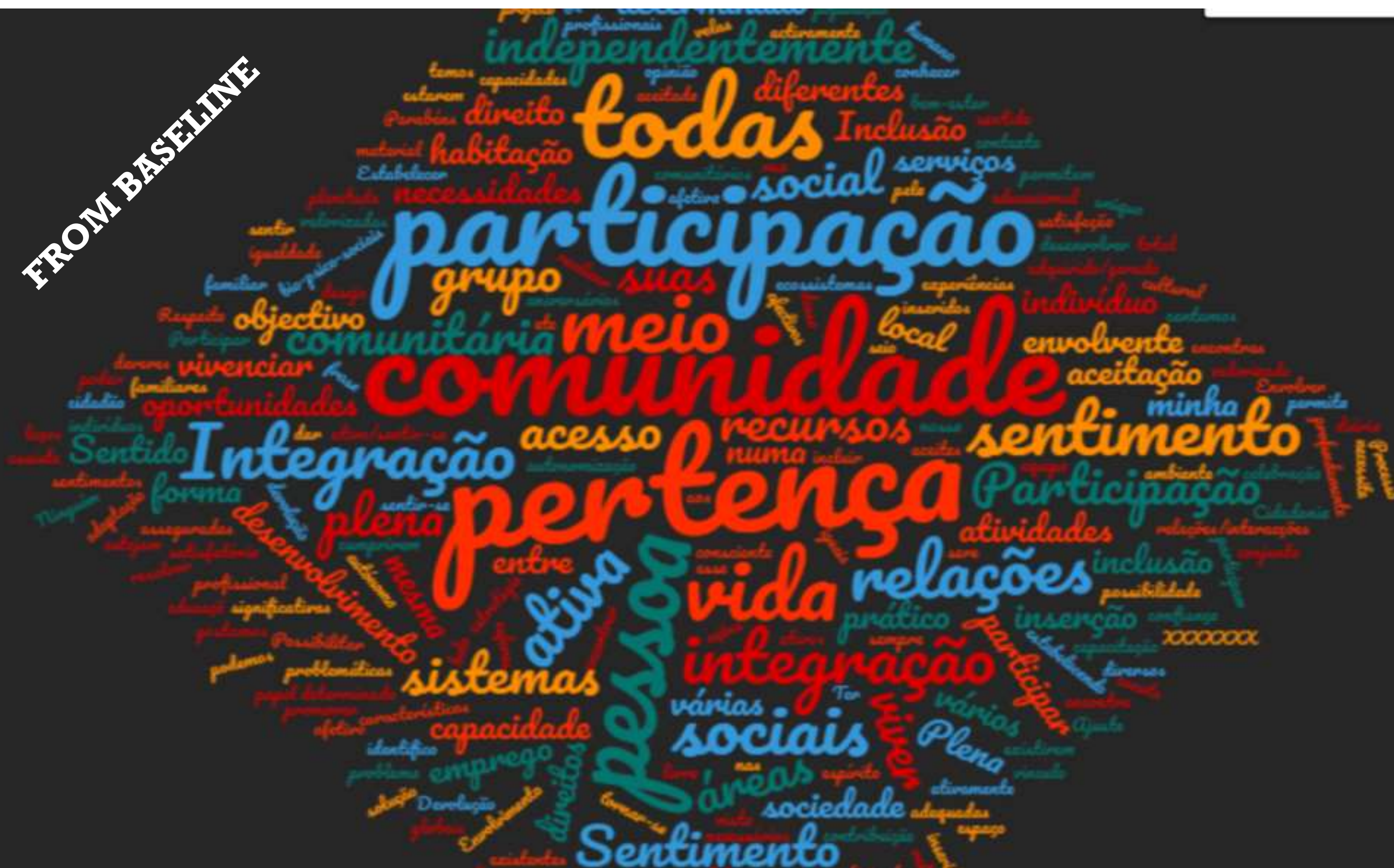
THE SOCIO-POLITICAL CONTEXT

- **National strategy on homelessness since 2009**
- **Participation of civic society organizations and public entities**

Active Participation in all stages of the strategy has been ensured by the meaningful Community-Based Organizations and Network Organizations supported by the PR Ministry of Social Welfare

- **Formally appointed by ministerial resolution in 2017 with a mandate until 2023.**
- **2019 – Present Experimental Training Sessions**
- **2020 – Online Training Sessions – Baseline 250 professionals directly working with people with homelessness experiences.**

FROM BASELINE



INTEGRATION – HOUSING FIRST AND OTHER SERVICES

Greenwood et al (2019)

Table 2

Housing and Services Outcomes

Outcome	Group	France	Ireland	Italy	Netherlands	Poland	Portugal	Spain	Sweden	Group Mean
Residential Stability*	OS	37.90	6.29	2.72	26.40	<i>20.67</i>	4.60	11.50	2.50	14.07
	HF	79.80	76.90	90.30	87.40	-	81.50	82.90	42.80	77.37
Housing Quality	OS	2.65	2.97	2.67	3.06	<i>2.93</i>	2.63	2.27	2.95	2.77
	HF	2.84	3.59	3.31	3.18	-	3.29	3.55	3.56	3.33
Consumer Choice	OS	3.20	2.74	2.01	3.35	<i>2.97</i>	2.15	2.78	3.05	2.78
	HF	4.21	4.52	4.07	4.26	-	4.13	4.49	4.74	4.35
Satisfaction with Services	OS	3.62	3.44	2.79	3.45	<i>3.43</i>	3.43	3.46	2.92	3.32
	HF	3.51	4.18	3.75	3.81	-	3.81	4.73	4.27	4.01

*Proportion of time in independent accommodation in past six months. **Poland does not have a Housing First programme and was not included in the ANOVA. **Bold type** indicates significant group differences within country ($p < .05$).



ADVANCED TRAINING

Transdisciplinary, Participatory Modular in-depth Theory & Practice Approach to Training Based on Human Rights/ Dignidade/ Social Integration/ Self-determination of people within homelessness situations and homelessness experiences

Advanced Theory & Practice and Technical Tools for intervention

For Participants with direct involvement with Service Users

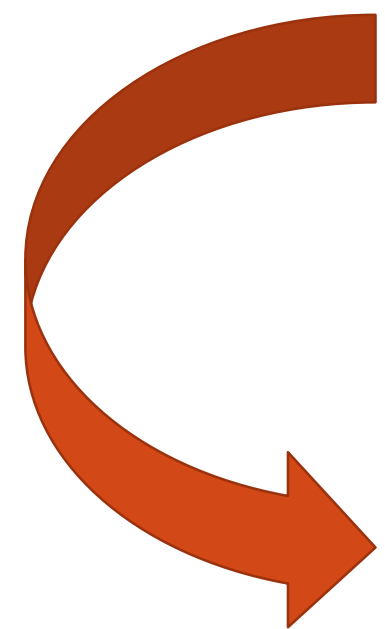
Foster Professional and Organizational Effectiveness

Community-Based approach to Prevention

Qualitative Descriptive Analysis

Nationwide training programa

40 Professionals with direct Services experience



MODULE I

A. “Strength-Based Approach” and the challenges of Community Integration

B. Coalition Building and Capabilities Promotion with people who experience(d) homelessness

MODULE II

Community Integration as a strategy to prevent homelessness

Módulo III

Crisis Intervention and Critical Incidents intervention

Módulo IV

Advanced Process-management: Guidelines for individual intervention

Presentation and tutorial group discussion

Place-Based Theories*Strength-Based Approach**Capabilities Approach***Processes as Outcomes***Support Quality*

- *Meaningful Involvement*
- *Collaboration*
- *Tools to systematize Information*

Partnerships for Prevention

- Training as a Developmental Strategy
- Opportunity to reflect on Practice
- Networking with Peers
- Learning more about online training (Tutorial/Engagement in Reflection tasks/Sharing Experiences)



Descriptive Analysis – N=40

Rediscovered Capacities/Interests - (n=13)

- Renovating interest in studying
- Opportunity to think about teamwork
- Increased resilience Capabilities
- The importance of strength over deficit

Validation/Acknowledgement of work, practices and beliefs (n=8)

- Fostered trust in their own work
- Feeling that we are not alone
- Valuing small wins
- Sense of being able of doing more and better
- Opportunity to reflect on our practices

Deepening or acquiring new competencies – (n=4)

- Value tools sharing
- Knowledge about change processes
- Focus on solutions

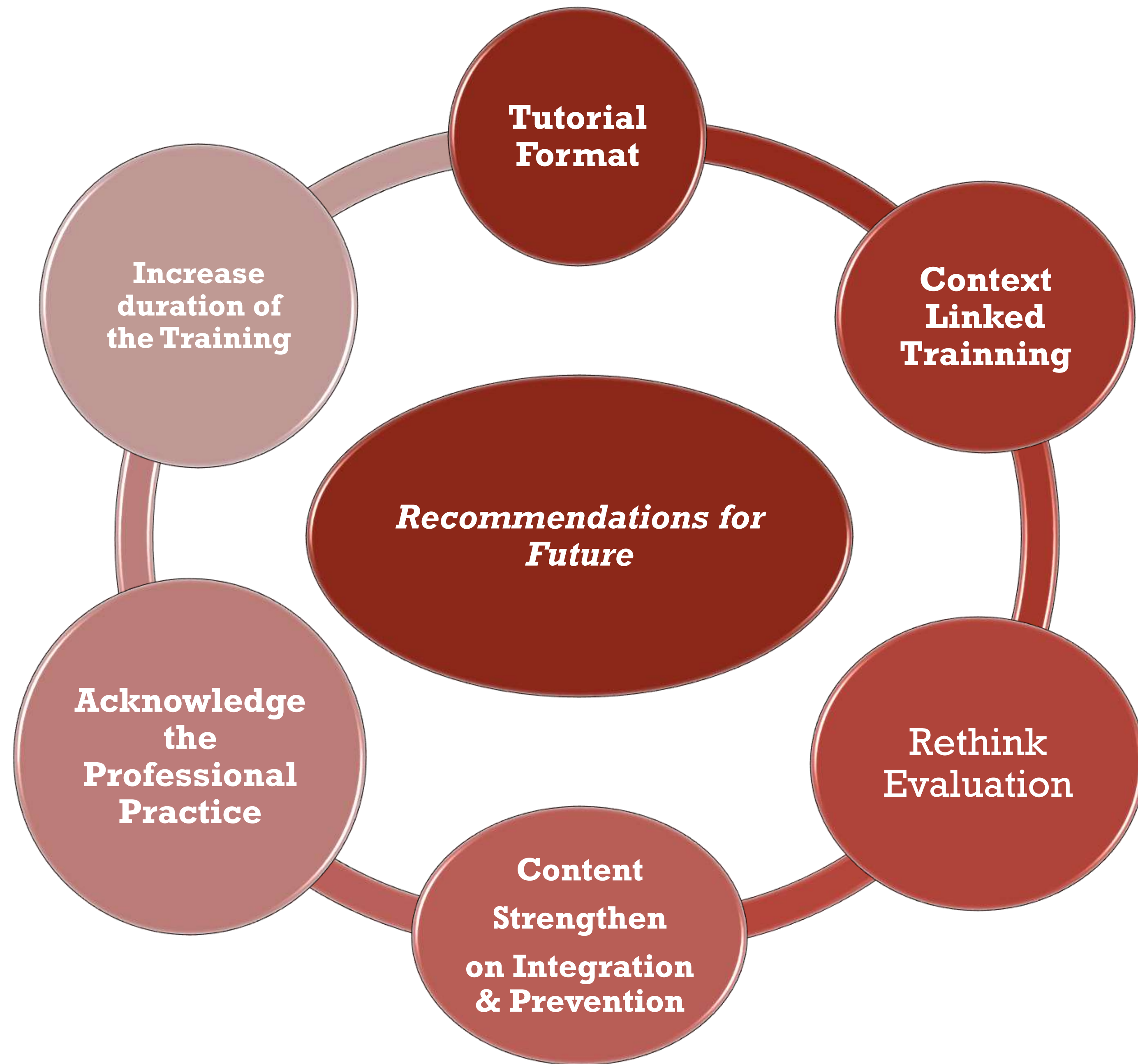
Did not rediscover potentials (n=1)

- Did not rediscover potentials initial professional path.

OTHER RESULTS

- **The pertinence of Results: Participants responded positively**
- **Content Implementation YES 19/ NO 3**
- **The motive for not Applying: No time**







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THANK YOU
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