



# LIMOR Housing First for Youth

FEANTSA Online Conference Week 2020



# IN THE NETHERLANDS

The number of homeless  
young people increased  
from 4,000 in 2009 to  
12,600 in 2018.



# Why HF4Y in The Hague?

- Years of experience with Housing First as an effective approach for adults
- In the Hague about 400 young people are registered as being homeless, in addition there's an unknown number of unregistered young people homeless. The number of night shelter beds was growing. There were more and more young people who were not accepted or dropped out of existing services.
  - When young people become homeless, their health deteriorates, their psychological condition deteriorates, they are often abused, the risk of addiction increases, they get into contact with the law more often, it results in school dropout, they are more often victims of crime and get (further) traumatised.





# Core principles



• Social and community integration



• Individualised and client-driven supports



• Positive youth development orientation



• Youth choice and self-determination



• Immediate access to housing with no preconditions

# Agreement for participation

Compliance with all obligations of the rental contract

like paying the rent and not causing nuisance

Contact with the support worker at least once a week

whether this is a home visit or something else

# Support on:



Housing

01



Health and well-being

02



Income and education

03



Additional supports

04



Social inclusion

05

# The main thing

Housing First for Youth goes **beyond** support towards independence. It's about enabling young people to make a successful **transition to adulthood.**

Developing *healty behaviour*

Developing *own identity*



Providing a safety net and a hopeful perspective



Trial and error: young people are allowed to make mistakes. Continue to offer new opportunities.



Specialized support and long duration of support.

# Housing First for Youth *The Hague*

Our ultimate goal is  
*ending* youth  
homelessness.

Therefore, we strive  
for a simultaneous  
*downscaling* of  
the night shelter for  
young people.



We have a limited housing stock. That is why we start with young people who "need Housing First the most".

Young people who are actually homeless and who are unable to connect to the regular services

Then care leavers and young people who are at risk of being expelled from group facilities.

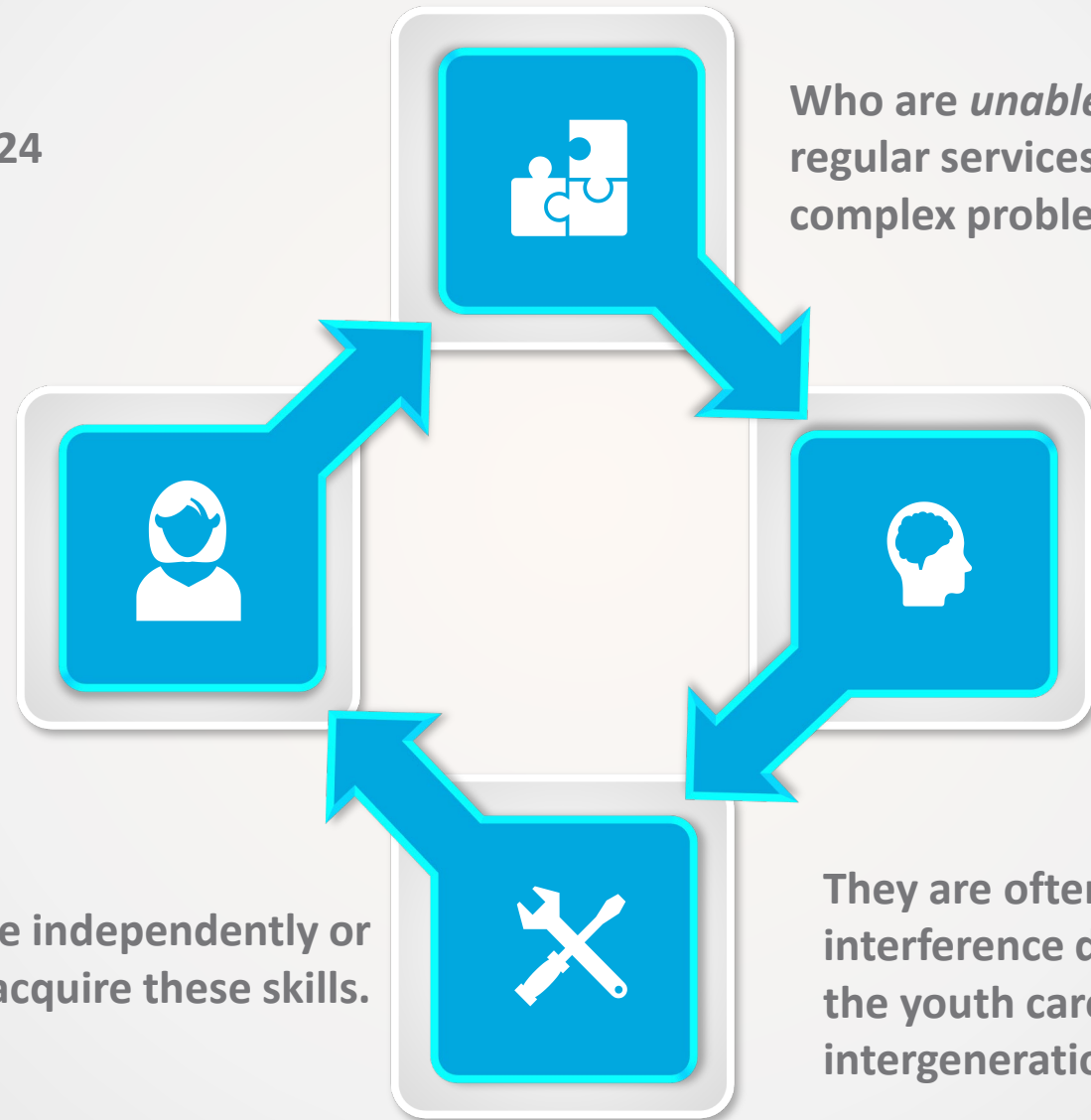
To ultimately help all young people who are (imminently) homeless and who need support and largely focus on prevention.



In principle, Housing First Youth is for every young person who is (imminently) homeless and who needs support.

Youth from age 16 to 24

Targetgroup



Who are *unable* or *unwilling* to connect with the regular services because of their vulnerability or complex problems.

Have the basic skills to live independently or have the capacities to acquire these skills.

They are often tired of care and interference due to a problematic past in the youth care system and intergenerational problems.



# The housing

- An independent apartment
- A home where the young person can stay as long as desired
- Suitable for the stage of life, so preferably small homes
- Affordable
- Choice and control of the young person around location
- Scattered sight
- Housing corporation estimates whether a neighborhood or building is suitable for HF4Y
- A clear separation between the roles of landlord and support worker
- Active (preventive) cooperation between housing corporation and support workers
- A permanent rental contract in their own name or the opportunity for the rental contract to be in the name of the Housing First service for the first period.

# Other arrangements



- For young people under 18 our Housing First service rents the apartment. And income is provided for rent and living expenses by the municipality.
- A supplement to the income is also necessary for young people aged 18 to 21 if they depend on welfare. The welfare is not sufficient to provide for rent payment and their other living expenses.
- In all cases, funds are provided for furnishing the home.



# Multi disciplinary team



- Projectcoordinator
- Support workers
  - Peer worker
- Practitioner/ behavioral scientist
- Casemanager of the social services



24/7 accessible by phone

# Results

- *Started* in 2018
- Supporting *23 youngsters* at the moment
- Adding *17 more* youngsters coming months
- Housing retention rate: *88%*
- One person was *rehoused*
- *Loss of housing* twice, but youngsters still in support.
- One youngster has been able to continue *without support*
- *High satisfaction* rate





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The logo for Limor features a stylized 'L' on the left, composed of a blue upper section and a red lower section. To the right of this 'L' is the word 'imor' in a bold, red, lowercase sans-serif font. The entire logo is centered horizontally between two thin, light blue horizontal lines.

**Limor**

ondersteuning en rehabilitatie